



# Clinical Trials Service

Understanding clinical trials for  
people living with secondary  
(metastatic) breast cancer



[make2ndscout.co.uk](https://make2ndscout.co.uk)

# Why consider clinical trials?

Clinical trials are research studies that aim to find new or better treatments, or look at using existing treatments in different combinations.

Evidence tells us that clinical research and trials can help to improve the outcomes of men and women living with secondary (metastatic) breast cancer, through early access to innovative new treatment options.

## Dispelling concerns

A study we conducted in 2021 with people living with secondary breast cancer revealed that:

- only 32% of patients had raised the subject of trials with their clinician
- 74% had never searched an online clinical trial registry
- Many were concerned about being a 'guinea pig.'

Each new drug undergoes rigorous testing before it can be widely used. It is firstly tested in a laboratory, and if it shows promise, it then has to go through several phases of testing on people in clinical trials before doctors are allowed to use it routinely to treat patients. Our Clinical Trials Nurses will help to answer any questions or concerns around clinical trials.

# Make 2nds Count Clinical Trials Service

Our free and confidential information and support service is the first of its kind in the UK for people living with secondary (metastatic) breast cancer.

Finding the right information about eligible clinical trials can be challenging. Our nurses have a wealth of cancer and clinical trial experience and work with patients to explore clinical trials as part of their treatment pathway.

We can answer questions about how clinical trials work and how patients can get involved in them no matter where they live in the UK, and conduct a personalised trials database search on their behalf. The information can then be passed on to clinical care teams.



**Mel Tolson**  
Lead Clinical  
Trials Nurse

Get in touch to arrange an appointment:  
[clinical.trials@make2ndscount.co.uk](mailto:clinical.trials@make2ndscount.co.uk)

## Empowering our community

We want to ensure that every person living with secondary breast cancer feels empowered and has the knowledge and the opportunity to discuss trials as part of their treatment pathway.

We have already helped over 800 women and men through our Clinical Trials Service.

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Access to the service has given me new hope and support, as well as a new way of opening discussions with my treatment team. It allows myself and others to have more control of the journey we are on.

**Book an appointment or find out more about our Clinical Trials Service**



## About us

We are Make 2nds Count: a UK patient and family-focused charity dedicated to giving hope to people affected by secondary breast cancer.

We do this through funding vital secondary breast cancer research, sharing information and practical advice so that our community feels more empowered and educated about treatment options and clinical trials, and enabling peer-to-peer and online support groups and retreats, with a focus on quality of life.

Our vision is to see our community live longer and better lives.





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